



ROAST CHICKEN RANCHERO SALAD (GF, DF)



INGREDIENTS

COOKED CHICKEN [CHICKEN BREAST, TEX MEX (CHILI POWDER, ONION POWDER, SPANISH PAPRIKA, CUMIN, CAYENNE PEPPER, KOSHER SEA SALT, GROUND CORIANDER, GARLIC POWDER, BLACK PEPPER, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL))), GINGER LIME DRESSING [CANOLA OIL, LIME JUICE, LEMON JUICE, GINGER PUREE, CIDER VINEGAR, WATER, CANE SUGAR, SEA SALT, LEMON ZEST (LEMON PEEL, CANE SUGAR AND LEMON OIL), PAPRIKA, BLACK PEPPER], LEAF LETTUCE, CABBAGE, SPINACH, CARROTS, RED PEPPERS, GREEN PEPPERS, KALE, RED ONION, BLACK BEANS, CORN, CILANTRO.

ALLERGY AND INTOLERANCE INFORMATION

THIS PRODUCT WAS MADE IN A FACILITY THAT HANDLES DAIRY, EGGS, GLUTEN, MUSTARD, PEANUTS, SEAFOOD, SESAME, SOY, SULPHITES, TREE NUTS AND WHEAT.

PRODUCT DESCRIPTION

A MEDLEY OF FRESH GREENS TOGETHER WITH ALL WHITE MEAT SEASONED ROAST CHICKEN BREAST, SHREDDED CARROTS, GREEN AND RED PEPPERS, BLACK BEANS AND CORN. ACCOMPANIED BY OUR SIGNATURE GINGER CITRUS VINAIGRETTE. 350 CALORIES, 17 G OF PROTEIN, 4 G OF FIBER AND A GOOD SOURCE OF IRON AND POTASSIUM.

Nutritional Facts

Valeur Nutritive

Per 1 ea (280 g) / par 1 ea (280 g)

Amount Teneur	*DV=Daily Value % *VQ=Valeur Quotidienne	
Calories / Calories	350	
Fat / Lipides	23 g	29%
Saturated / Saturés	2 g	
+Trans / Trans	0 g	10%
Carbohydrates / Glucides	21 g	8%
Fiber / Fibres	4 g	14%
Sugars / Sucres	6 g	
Protein / Protéines	17 g	
Cholesterol / Cholestérol	40 mg	13%
Sodium / Sodium	680 mg	30%
Vitamin D 0 mcg	0%	
Calcium / Calcium 80 mg	6%	
Iron / Fer 2.2 mg	10%	
Potassium / Potassium 710 mg	15%	

*5% or less is a little, 15% or more is a lot

*5% ou moins c'est peu, 15% ou plus c'est beaucoup

UCC/UPC	628176096148
Serving Size	280 g
Storage/Transport	Fridge, 4°C
Net Weight	280 g
Container	Individually Packaged
Gross Weight	300 g (packaged)
Shelf Life	5 days

Preservative Free	No
Vegetarian	No
Gluten Free	Yes
Lactose Free	Yes
Lot Definition	YYMMDD
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